

CRLS Crew - Weekly Practice Schedule - Fall 2023

Varsity Girls	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Location:	Russell Field	CBC - Late	CBC - Early	CBC - Early	CBC - Late	CBC	**
Time:	3:45-5:30pm	5:30-7:30pm	3:30-5:30pm	3:30-5:30pm	5:30-7:30pm	9:30-12:30pm	
	(CBC 5:30-7:30pm)					**	

Varsity Boys	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Location:	CBC - Early	CBC - Early	Russell Field	CBC - Late	CBC - Late	CBC	**
Time:	3:20-5:30pm	3:20-5:30pm	3:35*-5:30pm	5:20-7:30pm	5:20-7:30pm	12:20-3:30pm	
			(CBC 5:20-7:30pm)			**	

Novice Girls	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Location:	CBC - Late	Russell Field	CBC - Early	CBC - Early	CBC - Early	**	**
Time:	5:30-7:30pm	3:45-5:30pm	3:30-5:30pm	3:30-5:30pm	3:30-5:30pm		
		(CBC 5:30-7:30pm)					

Novice Boys	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Location:	CBC - Early	CBC - Early	CBC - Late	Russell Field	CBC - Early	**	**
Time:	3:30-5:30pm	3:30-5:30pm	5:30-7:30pm	3:45-5:30pm	3:30-5:30pm		
				(CBC 5:30-7:30pm)			

*Land practices may switch to water practices, at the later start time, as the need for time on-water increases as we approach competition.

**There will be a regatta most weekends taking place on Saturdays or Sundays.

CBC = Cambridge Boat Club