

CRLS Athletics



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Swim Test Certification

The test must be administered by a Certified Lifeguard.

Participant: _____

Lifeguard/Water Safety Instructor: _____

Pool: War Memorial Recreation Center Phone: 617-349-6279

Swim Test Certification

I hereby certify that the participant can **swim 100 yards** in a competent manner and can **remain afloat for at least 15 minutes unassisted**.

Date of Test: _____

Test Expires: 6/30/16

Signature of Lifeguard/Water Safety Instructor: _____

Keep a copy of the completed swim test for your records.