33rd Annual
Cambridge City Run 5K
Sunday, April 7, 2019

Race starts at 9:00 AM at Fresh Pond – Registration opens at 7:30AM

CRLS athletes join runners/walkers from the community to raise funds for scholarships

_____ _____

Student athlete name **Grade**

_____

Address

(____)_____ **Team:**_____

Phone **(Girls/Boys; Sport; JV, Freshmen, Varsity etc.)**

Sponsor	Address	Email	Donation

Instructions for Athletes

1. **Before the Race** – Ask your family friends and contacts to sponsor your race & collect the money (cash or check)
2. **On-line donations** to FOCA can be made at: **bit.ly/crewdonate**
3. **Race Day -** Turn in money to your coach or at the CRLS table at the race.
4. **Register:** Registration is free for students but all need to register at the race registration table, if you want a bib.
5. For questions about group discounts or volunteering contact: focacityrundirectors@gmail.com

Checks Payable to: Friends of Cambridge Athletics P.O. 400300, Cambridge, MA 02140

Signup to run at bit.ly/crewruns

Donations tax deductible